

www.SIR47.ORG Our own website TAMALPAIS BRANCH NO. 47

A Non-Profit Public Benefit Corporation of Retired Men Devoted

to the Promotion of	independence and	Dignity of Retirement.
Big Sir	Doug Twitchell	415-897-1759
Little Sir	Frank Ghazzagh	415-505-7931
Treasurer-	Bill Stewart	415-990-2010
Asst Treasurer	Will Kaefer	415-9271043
Secretary	Alan Thomas	415-457-4576
Asst Secretary	Trevor Hughes	415-360-4710



TAMAL TALK

A SIR PUBLICATION

Luncheon Meeting: McINNIS GOLF CENTER, SAN RAFAEL Fourth Tuesday of the month Happy Hour at 11:00 am, as always

Editor/Publisher - Ron Kosciusko –415-435-0650 Attendance Committee—415-881-7477

Directors: Jake Solomon, Jim Kleiser, George Brown, Bob Gonzalez, Rick Coburn

State President - Stu Williams <stuwilliamsatlake@gmail.com> Region 3 Director Dennis Pangburn pang1@comcast.net, Area 6 Governor - Sandy Grieve agrieves1@comcast.net

MARIN COUNTY

JULY 2021 Our 47th Year

VOL. XLVII NO. 7

BIG SIR'S MESSAGE

IMPORTANT NOTICE

LUNCHEONS RESUME ON AUGUST 24TH AT MCINNIS RESTAURANT

Yes, you are reading this correctly. Our first "after covid" luncheon meeting will be on Tuesday, August 24th at McInnis Restaurant at 10:45 AM. Please mark this date & time on your calendar. The most significant difference in our process is that you will have to make a reservation to attend. Details for these procedures will be sent to you soon. (See next page)

There are still a few members that have not submitted the waiver and proof of covid vaccination forms to Bob Gonzalez. Remember that these forms must be submitted before you will be able to attend any SIR functions. Check your email for these instructions that were initially sent to you on May 5th. Subject: SIR Waiver Form & Proof of Vaccination

Please remember to sign up for the BYO Picnic at Miwok Park on July 14th.

Have a wonderful July 4th Holiday!

Doug Twitchell, BIG SIR BRANCH 47

SIR BRANCH 47 – LUNCHEONS RESUME – TUESDAY, AUGUST 24

Our monthly luncheon will resume in August at the McInnis Restaurant. The start time is 11:45 but please arrive not later than 11:30 to permit time for check in and an opportunity to socialize. This is the same location and venue as before. Due to the fact that we have not met together for the past 18 months and the new requirements from the State SIR organization, we are implementing the following for those attending the luncheon.

1. Although most of you have already done this, you need to have signed the Waiver form (copy attached) and provide a copy of your covid vaccination card. These need to be submitted to Bob Gonzalez by email or postal mail. You will not be permitted to attend the luncheon unless this has been done. For your reference, Bob's email address is: <u>bobsrags@gmail.com</u>. The postal address is Bob Gonzalez, 26 Foremast Cove, Corte Madera, CA 94925. Note: any guests must also sign the Waiver form and provide proof of vaccination. Waiver forms will be available at the check-in table.

2. You must make a reservation for the luncheon using the branch lunch line (415) 881-7477 or send an email to <u>sirbranch47@gmail.com</u>. See below for what needs to be included in the phone message or email *.

3. The luncheon will cost \$32. Prepare your checks prior to arriving at the luncheon payable to: SIR Branch 47. No cash please.

- 4. Reservations must be received not later than the Friday prior to the luncheon (August 20).
- 5. If you need to cancel a reservation, this must be done not later than August 20.
- 6. A no-show for a reservation will be charged \$32.

Note: Since all of us have had at least one birthday since our last luncheon, a bottle of wine will be given to each member at the luncheon.

The luncheon menu is:

Choice 1: Salad, Pork Scallopini with panko crust, warm potato salad, rolls & dessert

Choice 2: Salad, Salmon, warm potato salad, rolls & dessert

Choice 3: Salad, Chicken Picatta, warm potato salad, rolls & dessert

Choice 4: Salad, Vegetarian pasta, rolls and dessert.

Choice 5: Caesar salad with chicken.

*In your email or phone message provide your name, member number and menu choice number. If you are bringing a guest, provide your guest's name and menu choice. Note: guests that are potential members are not charged for this meal.

Please make your reservations early as this will help the attendance function with their expanded record keeping requirements.

We hope to see all of you at our luncheon on August 24th.

Visit the SIRs Branch 47 Web Site For the monthly Tamal Talk and Other Important Information <u>http://sir47.org</u>

BRANCH 47 BUSINESS

SIR Branch 47 Board Meeting Tamalpais Branch Zoom meeting from homes June 21, 2021

Meeting was called to order at 10:30 a.m. by Big Sir Doug Twitchell and a quorum was determined to be logged in.

Attendees: Doug Twitchell, Frank Ghazzagh, Jake Solomon, Alan Thomas, Bob Gonzalez, Will Kaefer, George Miller, Rick Coburn, Bill Stewart and George Brown. Jim Kleiser was absent. Visitors were Bill Wickley, Carl Dawson, Mark Rudy, Erick Young, Mark Bosch, Kurt Heilman and Ron Kosciosko.

Minutes from Board meeting of May 24, 2021 were moved for acceptance and passed.

Big SIR Report:

Big Sir reported that all items included in a monthly report would be raised under specific topics.

Little SIR Report:

Little Sir reported that the program will be presented for June 22, 2021 by Frank Barrington, Big Sir of Branch 116. His topic will be Let the Peacock Sing--French Underground during World War II. No speaker is scheduled yet for August.

Treasurer's Report:

There was no activity in June and all of the balances are the same as they appeared on the May report.

Committee Reports:

Slate of nominees will be presented for July nomination, and for August to hold election. Detailed information will be released on future dates through Tamal Talk and individual notices to members.

Old Business:

E-Commerce activity: Some present had successful activity with regard to the July picnic and/or June 21st Board meeting.

With regard to Google Drive for file backups, the issue with multiple users needs to be resolved.

Bob Gonzalez reported that of our current membership of 104, 29 members still have not provided information that they have received COVID-19 vaccinations.

Big Sir was pleased that the slate of officers and directors for 2022 is in place and informed us that the Executive Board provides leadership for the Branch. Doug also made a brief statement of what the expectations will be from the upcoming officers.

New Business:

Two main subjects were discussed: Protocol for upcoming McInnis luncheons Coordination of membership response in attending the luncheons. Luncheon Protocol

- A. Will Kaefer and Jim Kleiser met with Erick Jensen, catering manager of McInnis Golf Club, and were informed that Branch 47 can resume luncheon and meetings at McInnis on August 25, 2012.
- B. Luncheon charge will be \$32.00 per member, not \$33.00 as previously reported.
- C. The telephoning of membership by Board members will be resumed, but with emphasis on attendance of events and less upon health. The option of the e-Commerce process will also be available, with membership responding to such prompts as "go" or "no-go."
- D. Luncheon menu will continue as stated in the 2020 Branch 47 directory. Erick Jensen said that exceptions can be made to the luncheons provided that McInnis is given adequate notice. McInnis management has not imposed a ceiling or limitation on the number who wish to attend the luncheon.By September McInnis staff may still be obligated to wear masks. Even if McInnis staff is wearing masks, guests will not be under this obligation.

(Continued)

(Board Meeting continued from page 2) Membership Response

E. Branch 47 policy required membership to inform the "lunch line" [telephone] prior to the pandemic if such member(s) were unable to attend the luncheon. In view of changes, current membership will be required to inform the lunch line if they **are able to attend the luncheon**. Membership will be notified that they will be billed if they provide information of attendance and then do not show up.

F. Further discussion centered on the use of information on membership responses for statistical purposes. This topic has the potential to involve several Branch 47 members for the purpose of protocol, information and administration. The refinement of the e-Commerce process should result in statistical data being available for projections and patterns regarding events.

G. Motion made and carried: All Branch 47 members have had one or two birthdays since the March 2020 closure. It has been Branch 47 policy to honor members with a bottle of wine near their birthdays. It was moved, seconded and carried that an appropriate expenditure be made to purchase wine to honor each attendee at the August luncheon and that a bottle of wine be placed on tables at each place setting.

Board members are requested to act on these measures:

1. Check website as you can to ensure that all communications and other materials are current and note out-of-date items for future correction

2. Record keeping must be kept current so attendees of future events will be shown as having received or not having received COVID-19 vaccinations:...

3. With so many details facing the Board and overall membership, Big Sir proposed to draft an update for the Board's review. A draft of future protocol with refinement if needed can be sent to the membership as an e-mail; Tamal Talk can also be used as a medium of communication depending on the topic at hand.

Next Branch 47 Board meeting is scheduled for July 26, 2021 with the possibility of meeting in the Board Room at McInnis Golf Park. Board members will be informed. The June meeting was moved for adjournment at 12:05 p.m.

Alan Thomas Secretary

We have reserved a picnic area at Miwok Park in Novato for a "brown bag" type picnic on Wednesday, July 14 from 12 Noon to 2 PM. There will be no charge to attend and you can bring guest(s). Due to SIR restrictions, we cannot have any shared dishes such as at a pot-luck.

Everyone attending must have a signed Waiver form and have received their final covid vaccine at least two weeks prior to the event. This applies both to SIR members and guests. Waiver forms will be available and copies of the covid vaccine card will be needed if you are not in the SIR 47 database.

See the attached Flier. It will be great to finally be able to meet again as a group.

Doug Twitchell Big SIR, Branch 47

Based on the SIR State requirements, all participants in any SIR event (indoors or outdoors) must have signed the Waiver document and provided proof of vaccination with the required two week waiting period after the final dose of the vaccine.

Participants from Branch 47 and all other branches must have met this requirement in order to participate.

Branch 47 now has a data base of those providing this information that is updated daily by Bob Gonzalez. Bob will provide you a copy of this upon request.

Al Springstead

<u>Slate of Officers and Directors Nominated by the</u> <u>BEC Selection Committee for 2022</u>

OFFICERS

BIG SIR	ERIC YOUNG
LITTLE SIR	MARK BOSCH
SECRETARY	ALAN THOMAS
TREASURER	BILL STEWART
ASSIST TREAS	MARK RUDY

DIRECTORS (6)

DOUG TWITCHELL

CARL DAWSON

RICK COBURN

TREVOR HUGHES

BILL WICKLEY

JAKE SOLOMON

SIR BR 47 BYO PICNIC WEDNESDAY, July 14, 2021 From Noon to 2 pm @ Miwok Park in Novato

Unlike past BBQs, this will <u>not be catered</u>. So there is NO CHARGE for attending. **But we do need to know who is attending.** All attendees must prove that they have been vaccinated and signed the SIR Event Waiver in order to attend this picnic. <u>When arriving at the picnic, attendees will need to provide their</u> <u>vaccine card and sign the Waiver</u>, unless you have already provided this earlier to Bob Gonzalez @bobrags@gmail.com.

Please bring your own lunch, drinks, utensils, table cloth (?) for your party of attendees. The costs for rental and incidentals are paid for by SIR BR 47. Some soft drinks, water and desert will be provided at no cost. Note: <u>This is not a pot-luck and the sharing of food is discouraged, except for maybe wine or beer.</u>

We reserved the Trout BBQ Area @ Miwok Park for Br 47 members, spouses & other guests. Miwok Park in is Novato (on Novato Blvd. between San Miguel Way & Eucalyptus). There is limited parking at Miwok Park. But you can park on Novato Blvd., or on San Miguel Way (from which you can also enter via the back of the Park).

Contact Tom Culhane @ 415-310-0835 or Kurt Heilman @ 415-892-2460.

BRANCH 47 JULY, 2021 ZOOM SPEAKER

Speaker Name: Scott Harrison will be joined by Shane Matthews,

Their presentation is entitled: "Carving Joy, Finding Peace"

Scott will briefly discuss his Vietnam experience as a 19-year-old Marine machine gunner during the years 1967-68 and how he used a Chopin tune from a music box and the imagery of a carousel to help calm him between firefights. After coming home, he walked a years-long path of social isolation and escape as do so many combat veterans. Seventeen years later he came across a broken-down 1910 carousel frame, brought it home to Colorado from Utah and over two and a half decades carved all new animals to repopulate the frame and mechanism. He will describe the beginnings of a non-profit organization, The Carousel of Happiness, and efforts to construct a building and operate it. He will briefly describe another related sculptural project called The Council of Kindness, a different kind of healing experience. Whereas the carousel was to help him heal, the "council" was designed to help others. Scott Harrison will be joined by Shane Matthews, the filmmaker of "Carving Joy", a short documentary film about the origins of the Carousel of Happiness. Shane will talk about why he created the film, "Carving Joy", and a bit about the filming. Shane will show it and afterwards, Scott will give an update on the present state of both these projects.

SIR EVENT WAIVER AND RELEASE OF LIABILITY FOR EXPOSURE TO COVID-19

Branch Name: Tamalpais Branch

Branch Number: 47

Due to the Covid-19 pandemic and the general unavailability of insurance to cover liability related to that matter, the SIR branch listed above ("Branch") is requiring members, visiting SIR members from other branches, guest speakers, guests, and spouses/significant others attending events sponsored by the Branch or by Sons in Retirement, Incorporated ("State Sir") to agree to the following:

- In attending activities sponsored by the Branch or State SIR, the undersigned agrees to comply with mask, social distancing, and other Covid-19 protocols required by applicable government bodies, the Branch, State SIR, and the applicable venue. Failure to do so will result in the attendee being asked to leave the event.
- Regardless of adherence to mandated protocols, requirements, recommendations, and vaccinations, the undersigned acknowledges that there is a risk of Covid-19 exposure whenever an individual enters a public space, a building with other people, or a group of other individuals.
- Knowing the foregoing risk, the undersigned assumes the risk of Covid-19 exposure and accepts sole responsibility for any exposure to Covid-19 and resulting health conditions that may occur due to attendance at a Branch or State SIR event.

The undersigned hereby releases and holds harmless the Branch, State SIR, and their respective officers, directors, and members from any and all responsibility for illness, death, or other losses arising from exposure to Covid-19 at a Branch or State SIR event.

THE UNDERSIGNED HAS READ AND UNDERSTANDS THE ABOVE WAIVER AND RELEASE, UNDERSTANDS THE RISKS POSED BY COVID-19, AND SIGNS THE WAIVER AND RELEASE VOLUNTARILY.

Attendee's Name (print):		
Attendee's Signature:	Date:	
Once you sign this document, it is valid for all	future Branch and or State activities.	



Chairman Ned Lawerence, 415 595-1092 <u>18 Hole Golf 2020 Season</u>

Date	Day	COURSE	Start Time	e Comm	ents
7/6	Tuesday	Hiddenbrooke	07:45	Sequential	\$48
7/12	Monday	Petaluma CC	08:30	Sequential	\$41
7/19	Monday	Rooster Run	07:30	Sequential	
7/26	Monday	Napa/Kennedy	08:00	Sequential	\$37

THURSDAY 09:45 WALKING/HIKING GROUP

1st week each month: Jake Solomon415-472-30692nd week each month: Pierre Terrier415-785-45133rd week each month: Al Springstead415-250-38084th week each month: Alan Thomas415-457-45765th week (if applicable): Dee Stuever415-459-6751

BRANCH 47 BOCCE

The first Monday of each month; no cost to play. Spouses and guests are encouraged to attend. We start with lunch at 12 noon @ the Swiss Hotel on the Sonoma Square. Then we play Bocce @ about 1:30 pm at Depot Park behind the Swiss Hotel. Bring your own Bocce balls, if you have them.

SIR Investors:

Great news : We will be returning to Sam's Place Friday July 9 at 11:30. Some important steps must be completed before you can attend.

First, you must sign the Sir Waiver/Release form and **second** you must have a copy of your vaccination card on file with your SIR Branch.

Third, Sam's Place requires all occupants in their meeting room to be vaccinated.

Fourth Your guests are welcome, but they will have to sign the Waiver/Release form and also provide a copy of their vaccination card. I will have blank copies of the Waiver/Release form at the luncheons. Bob Gonzalez of Branch 47 is maintaining the records for our Branch. I have reached out to other local branches that also have members attending our meetings. However, I am anticipating potential communication problems in that I may not have access to their very latest data or they may refuse to release it. To be on the safe side have a copy of your vaccination card with you and be prepared to sign the Waiver/Release form again, even if it to your best knowledge it is on file with your branch. I will return those documents to you so you can submit them to your branch.

I have a place on our attendance sheet to verify your compliance for future meetings, so this should be a one time happening.

Remember, this is a requirement of both SIR Inc, and Sam's Place. I expect your cooperation and compliance. There will be no exception and you will be denied attendance to the luncheon and meeting if you cannot meet these requirements. Our ability to get back together and have lunch together is happening much faster than we had anticipated. Let us value this opportunity and support these requirements.

I will be sending out a meeting notice a week before the meeting. Zoom is done; let's get back to normal. Will Kaefer, Investors Chairman 415-927-1043

SIRs BIRTHDAYS – JULY

Badge # LAST NAME FIRST NAME MO. DAY YEAR AGE

BADO	GE# LAST NAME	FIRST NAME	MO.	DA	Y YEAR	AGE
24	COLYER	WAYNE	7	2	1939	82
70	DAWSON	CARL	7	8	1948	73
30	KLEISER	JAMES	7	13	1944	77
96	MARTINEZ	GEORGE	7	27	1934	87
5	SCHOFIELD	PAUL	7	25	1942	79

MEMBERSHIP REPORT	
Summary:	JUNE ZOOM ATTENDANCE <u>REPORT</u>
Actives - 104	
Gains: 0	Total Members 104
Losses: 0	Members Present 32
	Guests: 1
	Visitors: 0

ACTIVITY SCHEDULE

Thursday	Jul	1	Hiking
Sunday	Jul	4	INDEPENDENCE DAY
Monday	Jul	5	BOCCE
Tuesday	Jul	6	18 Hole Golf(Weather Permits)
Thursday	Jul	8	Hiking
Friday	Jul	9	Investors'Lunch Bunch
Monday	Jul	12	18 HoleGolf (Weather Permits)
Wed	Jul	14	Miwok Park BYO Picnic
Wed	Jul	14	Bastille Day
Thursday	Jul	15	Hiking
Monday	Jul	19	18 HoleGolf (Weather Permits)
Thursday	Jul	22	Hiking
Monday	Jul	26	18 HoleGolf (Weather Permits)
Monday	Jul	26	Executive Committee Meets
Tuesday	Jul	27	Branch 47 ZOOM meeting
Thursday	Jul	29	Hiking

<u>HUMOR</u>





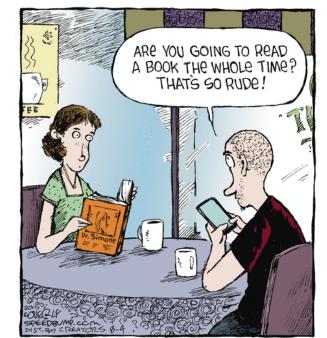
"That's right! No huffing and puffing for 30 minutes on a treadmill. We've developed a new stress test that is faster and more accurate."



"I TOLD you, I saved a ton by getting your meds from an online pharmacy in the Amazon. Now turn around."



"Your table will be ready shortly."





"He's wearing a life jacket just in case this brings back a flood of memories."